



# Camp Long

**SPRING  
2003**

**MARCH 7–MAY 31**



## Camp Long

“Jewel of the Emerald City” is one of Seattle’s BEST KEPT SECRETS. Located in West Seattle, this 68 acre park offers visitors an opportunity to enjoy nature, hike in the forest, camp overnight in rustic cabins, rock-climb and learn about natural history. Part of Seattle Parks & Recreation Department, Camp Long is the only city park that offers overnight camping. Please come, visit, relax and enjoy nature right here in the city!

**The Wonder Of Nature  
Awaits You...**

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## Camp Long

5200 35th SW, Seattle, WA 98126

**phone:** (206)684-7434

**fax:** (206) 684-7435

group program reservations: (206) 684-7479

visit us at <http://seattle.gov/parks/>

email us: [camplong@seattle.gov](mailto:camplong@seattle.gov)

### Spring Hours of Operation:

Tuesdays-Sundays 10am to 6pm

Holiday Closures:

Memorial Day, May 26, 2003

### Camp Long's Fabulous Facilities!

- 10 Rustic Cabins Available For Rent.
- Lovely Mainlodge Available To Rent For Meetings, Parties, Weddings, Reunions, Etc.
- Hiking Trails
- Rock & Glacier Climbing
- Picnic Shelters And Large Camp Fire Ring

### New Classes & Programs For All Ages!

Bring the whole family!

- Nature on Horseback Series!
- Longfellow Creek Spring Happenings!
- Birthday Parties at Camp Long!

### DIRECTIONS TO CAMP LONG

Camp Long is located at 5200 35th Ave. SW in West Seattle. Use Bus route #21 to get here.

By car from I-5 take exit 163 - Spokane St./West Seattle Bridge Exit.

From Hwy 99 So. take West Seattle Bridge exit.

Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35th SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35th Ave. SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.



### Department Administrative Staff:

Ken Bounds, Parks Superintendent

Herbye White, Director Recreation Support Division

Charles Sablan, Manager, Environmental Learning Centers

**Meet Camp Long's outstanding staff of naturalists, environmental educators and volunteers!**

### Camp Long Staff (206) 684-7434

Terri Arnold, Camp Long Supervisor, 684-7415

Jacinta (Wonder Woman) Talamaivao, Administrative Support

Amanuel Hailom, Maintenance Laborer

### Naturalist staff at 684-7479:

Sherry Mathers, Group Program Registrar,

Jeanie Murphy-Ouellette, Linda Marsh

Naturalist staff at 684-7434:

Rebecca Schroeder, Hariana Chilstrom

Sheryl Shapiro, Longfellow Watershed Educator 233-2046

[www.longfellowcreek.org](http://www.longfellowcreek.org)

Sandy Beaucage, Volunteer

Jeanne Wharnsby, Volunteer

### Camp Long Advisory Council

Timothy Lowry, President

Laura Tyler, Vice-President

Cecelia MacClure, Treasurer

Carol DePelecyn, Secretary

Sandy Beaucage

Andrew Lofton

Mike Marsh

# Naturalist Strolls

## Fauntleroy Park Stroll

**Thu, March 20 10a.m.–11:30a.m.**

Join our stroll on a trail among deep pink salmonberry blossoms and other woodland flowers. While hummingbirds buzz among them, winter wrens sing in the ravine and flickers chisel nests in tree snags.

**All ages welcome! FREE**

**Pre-registration required by March 19 at NOON**

**Location: Meet in the south parking lot of Lincoln Park, 8011 Fauntleroy Way SW**

## Duwamish Park Stroll

**Thu, April 3 10a.m.–11:30a.m.**

See how the habitat restoration is going along this little cove in the Duwamish River. We will look for tracks of river otters and spot kingfishers, sandpipers, osprey, and goldfinches.

Bring binoculars or borrow ours!

**All ages welcome! FREE**

**Pre-Registration Required by April 2.**

**Location: Meet at the entrance to Camp Long**

## Schmitz Park Stroll

**Thu, April 24 10a.m.–11:30a.m.**

April showers won't deter us from a hike among the giants of Schmitz. In celebration of Arbor Day, we'll take a closer look at native northwest trees and watch for the birds that flock to them! Bring a friend and enjoy spending lunch afterwards at beautiful Alki Beach.

**All ages welcome! FREE**

**Pre-Registration Required.**

**Location: Meet at the entrance to Schmitz Park, 5551 SW Admiral Way.**

## Camp Long Stroll

**Thu, May 1 10a.m.–11:30a.m.**

It's May Day! We should frolick! Join us to explore our favorite trails. We'll seek out salamanders, bushtit nests, and berry blossoms.

**All ages welcome! FREE**

**Pre-Registration is required by April 30.**

**Location: Meet at main entrance to Camp Long**

## Constellation Beach Stroll

**Thu, May 15 10a.m.–11:30a.m.**

Low tide this morning! Come explore tidepools near Alki Point for transparent ghost shrimp, sea anenomes that clone themselves. A myriad of creatures survive on the edge of the sea.

**All ages welcome! FREE**

**Pre-registration by May 14**

**Wear outdoor clothing and boots!**

**Location: Meet at Beach Dr. SW & 63rd Ave. SW**

## Fauntleroy Park Stroll

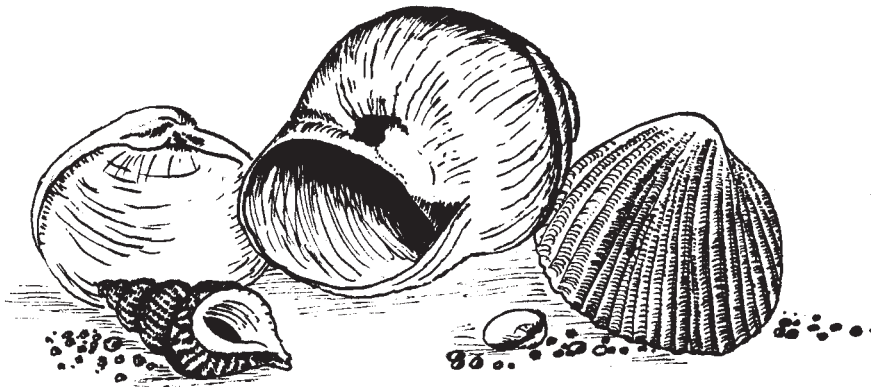
**Thu, May 29 10a.m.–11:30a.m.**

Skunk cabbage, ferns, and wild bleeding heart thrive here along a tiny salmon stream...Walk with us in the forest that keeps Fauntleroy Creek healthy.

**All ages welcome! FREE**

**Pre-registration required by May 28.**

**Location: Meet in south parking lot of Lincoln Park, 8011 Fauntleroy Way SW**



## Weekend Naturalist Series

### Spring Has Sprung!

**Sat, March 8 2p.m.–3:30p.m.**

Spring is in the air with buds popping, promising a new season. Bid farewell to winter and welcome the heralds of spring - shoots of stinging nettle, swelling elderberry buds, and the bubbly song of Winter wrens. Which flowers will be blooming?...

**All ages welcome!**

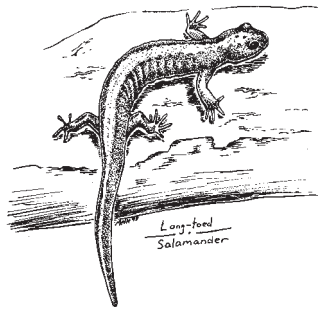
**Pre-registration required! No deadline!**

**Location: Meet at Camp Long lodge**

### Searching for Salamanders

**Sat, March 15 10a.m.–11:30a.m.**

Stroll through the woods peeking under logs for glimpses of glistening salamanders. Then "dive right in" to Pollywog Pond with dip nets to find egg masses and catch larval and adult salamanders.



**All ages welcome! \$5 per person**

**Pre-Register by March 14th at Noon**

**Location: Meet at the pond, near the flag pole.**

### Hunting for Hummingbirds

**Sat, March 22 9a.m.–10:30a.m.**

Some Anna's Hummingbirds stayed for the winter, some return about now along with Rufus Hummers. We'll listen and look for their buzzing displays as they contend for territories rich in flowering shrubs. Wear outdoor clothing and shoes!

**All ages welcome! \$5 per person per program**

**Pre-register by March 18**

**Location: Meet at main entrance to Camp Long**



### Gardening with Natives

**Sat, April 5 10a.m.–12p.m.**

Our native plants include some of the prettiest in the world. Chosen for the right places, they don't need lots of work or summer watering. Native plants provide habitat for native birds and butterflies. We'll take a short walk, view some slides, and talk about your yard, what to plant and where to find native species of plants. Wear outdoor clothing and shoes.



**All ages welcome! \$8 per person**

**Pre-register by April 4.**

**Location: Meet at main entrance to Camp Long**

### Early Bird Walk

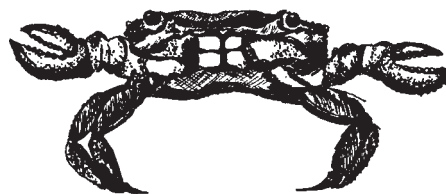
**Sat, April 26 8a.m.–9:30a.m.**

Explore the forest with eyes and ears for warblers, woodpeckers and tanagers. Bring binoculars or borrow ours. Kids must be able to stand quietly! Wear outdoor clothing and shoes!

**All ages welcome! \$6 per person per program**

**Pre-registration required by April 25.**

**Location: Meet at main entrance to Camp Long**



### Low Tide Beach Safari #1

**Sat, May 17 11:30a.m.–1:30p.m.**

Discover the amazing array of wildlife at the beach revealed only by very low tides! Octopus on the prowl, seastars feeding, nudibranch and chitons make their living, moon snail eggs and more! Come enjoy a great low tide of -2.3!

Wear outdoor appropriate clothing and shoes! Please help protect the beach life and do not collect natural objects from the beach.

**All ages welcome! \$7.50 per person**

**Pre-register by Friday, May 16**

**Location: Meet at Mee Kwa Mooks Beach in W. Seattle**

## Weekend Naturalist Series

### Bird Walk & Watch

**Sat, May 24 9a.m.-10:30a.m.**

Camp Long's woods host a variety of birds! Some have fledged by now - learn how to tell a bird that's just out of the nest!

**Please wear outdoor clothing and shoes!**

**All ages welcome! \$5 per person per program**

**Location: Meet on patio behind main lodge**

### Peering in the Polliwog Pond

**Sat, May 24 1p.m.-3:30p.m.**

Dip into Polliwog Pond and investigate your finds with magnifiers! Whirligig beetles, salamander tadpoles, and dragonfly nymphs are all there for admiration!

**All ages welcome! \$5 per person per program**

**Pre-Registration Required!**

**Location: Meet at flag pole near pond**

### Low Tide Beach Safari #2

**Sat, May 31 11a.m.-1p.m.**

Discover the amazing array of wildlife at the beach revealed only by very low tides. The low tide is a - 1.5. Come join the fun! Wear outdoor appropriate clothing and shoes! Please help protect the beach life and do not collect natural objects.

**All ages welcome! \$7.50 per person**

**Pre-register by May 30!**

**Location: Meet at Mee Kwa Mooks Beach in W. Seattle**



## Wild! Washington Field Trips

### Skagit Wildlife Float Trip & Tulip Festival!



**Sat, April 19 8a.m.-4:30p.m.**

Watch for wildlife and wild colors at the Skagit Tulip Festival! Enjoy a gentle float trip along the backwaters of the Skagit River. Watch for herons, eagles, otters and other wildlife as we glide through lively estuaries. We'll

lunch on Goat Island, then float the Swinomish to LaConner, go ashore and enjoy the Roozengaarde Show Gardens and the Tulip Festival ablaze with color!

**Adults and Families with youngsters 10 and up.** One adult per 2 child limit. **Adults \$65, youngsters \$55** (Additional tip money for river guides is welcome.)

Fee includes: transportation, raft trip, river guides, naturalist program, snack, garden fee. Dress in layers and bring lunch and hot beverage.

**Pre-registration and full payment due by 4/11/03.**

Instructor: Pacific NW River Guides and Camp Long Naturalist

**Location: Meet at Camp Long Lodge**

### Spring in the Desert — Birds, Blooms, Bugs and Bats

**Fri May 9 - Sun May 11**

Hillsides ablaze with colorful wildflowers, bubbly wren songs, chortling bright orange orioles, beautiful butterflies, iridescent metallic beetles....and at night? Giant moths and bats! This is the desert in the springtime!

Spend an incredible weekend at WSU's Colockum Field Station in the mountains near Wenatchee.

The desert will be in peak full bloom and birding is superb, complete with nesting Great Horned Owls. Stay in rustic cabins, eating hearty homemade meals in the dining hall.

**Adults and children (9 years and older) \$150 per person.** Includes two nights lodging, transportation, meals and all nature programs.

**Departs Camp Long Friday, May 9 at 4:00 pm**  
(Later departure may be possible.)

**Returns Sunday, May 11 at 6:00 pm**

**Pre-Registration Required by April 22 at Noon**

**Location: WSU's Colockum Field Station**



## Nature on Horseback Series

### Camp Berachah Forest Rides

Sat, April 26 & Sat, May 3 10:30a.m.-6p.m.



Enjoy a gentle ride through the beautiful forests at Camp Berachah. After the 1 ½ hour ride stretch your muscles on a nature walk and learn the about plants and animals of the Pacific Northwest. Explore life along Covington Creek and dip for aquatic animals. This ride is great for beginning riders.

**Adults and families (kids 7 or older, one adult per 2 child limit) Adult \$40, child \$35.** Fees include transportation, riding instruction, trail ride, naturalist program & snack.

**Ride One: Sat, April 26** *Pre-registration and full payment due by 4/18/03.*

**Ride Two: Sat, May 3** *Pre-registration and full payment due by 4/25/03.*

**Location:** Meet at Camp Long Lodge

### Woodland Waterfall Rides

**Ride 1: Sun April 27 12:00-6:30p.m.**

**Wed May 21 9a.m.-4p.m.**

Travel with us on well trained saddle horses, into the Cascade Foothills for a refreshing scenic afternoon. Enjoy woodland trails where deer, cougar and other wildlife roam. Ride to a beautiful waterfall and pool where we will explore the natural beauty that surrounds us. Experienced, intermediate riders will enjoy this 3 ½ hour trail ride.

**Adults & families with youngsters 10 and up.**

Fees includes transportation, riding instruction, horse, Trail Guide, storytelling, Naturalist, nature activities and snack.

**Location:** Meet in the main lodge

**Ride One: Sun, April 27 Costs: \$80 per person.**

*Pre-registration and full payment due April 18.*

**Ride Two: Wed, May 21 Costs: \$70, adult, \$65 youngsters.** *Pre-registration and full payment due by May 16.*

## Nature Classes

### Critter Tracking

Sat, March 29 10a.m.-11:30a.m.

Join us to hunt for signs of raccoon, fox, crow and other animals that live in the forest of Camp Long! Learn how to locate, identify, and preserve tracks. Each tracker takes home a plaster casting of the tracks they found!

**Families and children (7 yrs. and older) \$6.00**

**Pre-Register by March 28 @ Noon**

**Location:** Meet on patio of main lodge

### Beach Safari Class

Sun, April 20 1:30p.m.-3:30p.m.

Discover the amazing array of wildlife at the beach revealed only by very low tides! Octopus on the prowl, seastars feeding, nudibranchs, and chitons making their living, moon snail eggs and more! Low tide is -2.3! Join the fun!

**All ages welcome! \$7.50 per person per program**

**Pre-Registration Required!**

**Register by April 19!**

**Location:** Meet at Mee Kwa Mooks Beach in West Seattle.

### Native Plant Lore

Sun, May 25 10:30a.m.-12p.m.

Explore the woods - learn about plants! Which plants are native to our area? Which plants were used by the native peoples? What uses were there for these plants? Please wear outdoor clothing and shoes!

**All ages welcome! \$5 per person**

**Pre-Registration Required by May 24**

**Location:** Meet on the patio behind the main lodge



## Art and Science Classes

### Draw Near to Nature

**Sat, April 12 10a.m.–12p.m.**

Want to draw plants and animals and you can't draw a straight line? Come to this class and learn the basics of nature sketching and design from a working artist. Beginners encouraged. Bring A short materials list (with sources) will be provided when you pre-register.

**7 years to adult \$10 per person per program**

**Pre-Register by April 11 @ Noon**

**Location: Meet in main lodge**

### Pretty Pop-Ups!

**Sat, April 12 1p.m.–3p.m.**

Love pop-up books and cards? Learn to create your own pop-ups using stencils, leaf rubbings, and other decorative techniques. A brief materials list (with resources) will be provided when you pre-register.

**7 years to adult \$7 per person**

**Pre-registration required by April 11 at noon**

**Location: Meet in the main lodge**

### Basket Making and Egg Dyeing

**Sat, April 19 2p.m.–4:30p.m.**

Celebrate spring by making a basket and helping native wildflowers habitat at the same time. Learn to weave invasive English ivy into beautiful baskets and fill them with colorful naturally dyed eggs.

**Adults & Families with kids (10 years and older)**

**\$6 per adult \$4 per child**

**Pre-Registration Required by April 15**

**Location: Meet in the Camp Long lodge**

### Critter Pop-Ups

**Sat, May 3 10a.m.–12p.m.**

Watch as your own real or fantasy creatures pop out of cards that you construct! Learn simple techniques to draw from animal mounts and photos, then transform your drawings into 3-D paper pop ups! A short materials list (with sources) will be provided when you pre-register.

**7 years to adult \$10 per person**

**Pre-Register by May 2 @ noon**

**Location: Meet in Camp Long lodge**

### Sawdust Fired Pottery 2 part class

**Thur May 15 (part 1) Sat May 31 (part 2)**

The first class we will delve into ancient pottery techniques as you learn how to create beautiful hand-burnished pottery from local clay. The second class we will experience the excitement of sawdust firing in a big bonfire at Alki Beach! Smoke and flames will leave their mark as they dance across your pottery piece.

**Adults and kids age 10 & up \$35 per person includes both sessions and materials.**

**Pre-registration required by May 9th @ NOON**

**May 15 6:30-9p.m. Meet at Camp Long**

**May 31 3:30-6p.m. Meet at Alki Beach. Bring a snack to share**



### Tot Walks

#### Spring Tot Walk

**Adults with kids 3 to 6 years old. No more than 2 tots per adult please. \$5 adult, \$3 child**

Explore the wonders of nature with your 3-6 year olds...Discover life in the forest, ponds, and beaches. Be sure to dress for the weather and wear boots that can get wet and muddy! We will go outside! If the weather is nasty, we will spend some time inside by a nice warm fire making nature crafts.

**Instructor: Sandy Beaucage**

**Location: Meet at Camp Long lodge**

**1. Thu, March 13 10:30a.m.–11:30a.m.**

**Pre-Register by March 12 @ noon**

**2. Thu, March 27 10:30a.m.–11:30PM**

**Pre-registration is due March 26 @ noon.**

**3. Thu, April 3 10:30a.m.–11:30a.m.**

**Pre-registration is due by April 2, at noon.**

**4. Thu, April 17 10:30a.m.–11:30PM**

**Pre-registration is due April 16 at noon.**

**5. Thu, May 8 10:30a.m.–11:30a.m.**

**Pre-registration is due May 7th at noon.**

**6. Thu, May 22 10:30a.m.–11:30a.m.**

**Pre-registration is due May 21 at noon.**

## Nature at Night

### Full Moon Walk in March

**Tue, March 18 7p.m.–8:30p.m.**

Take an evening to enjoy a gentle stroll in Camp Long's woods by the light of the silvery moon!

We will listen for owls softly calling, watch for foxes and listen to frogs at the pond! Learn some of the mysteries of the moon and maybe even look closely at it's craters.

**All ages welcome! \$6.50 per person**

**Pre-registration required by March 17 @ Noon**

**Location: Meet on back patio behind the lodge**

### Vernal Equinox Camp Fire

**Fri, March 21 6p.m.–7:30p.m.**

Bring the family and celebrate the equinox! Enjoy the sunset that divides the day into equal parts of light and dark. Gather 'round the camp fire - share food, stories and songs. Please bring a potluck dish to share and a food item for donation to the local food bank. Dress warmly!

**All ages welcome! \$5 per person per program**

**Pre-Registration Required by Tuesday, March 18**

**Location: Meet at the fire circle, south end of parade grounds**

### Owl Prowl in March

**Sun, March 23 6p.m.–7:30p.m.**

Grab a flashlight and join us to spot courting owls! With screams and silent flight, these ghostlike phantoms prowl the forest. Learn about whooo's calling and explore more fascinating owl mysteries!



Wear outdoor appropriate clothing and shoes.

**All ages welcome! \$6.50 per person per program**

**Pre-registration is required by Fri. March 21st.**

**Location: Meet at Camp Long lodge**

### Full Moon Walk in April

**Wed, April 16 8:30p.m.–10p.m.**

Take an evening to enjoy a gentle stroll in Camp Long's woods by the light of the silvery moon!

We will listen for owls softly calling, watch for foxes and listen to frogs at the pond. Learn some of the mysteries of the moon and maybe even look closely at it's craters!

**All ages welcome! \$6.50 per person**

**Pre-registration Required!**

**Register before noon on April 15th**

**Location: Meet at Camp Long lodge**

### Owl Prowl in May

**Fri, May 23 8p.m.–9:30p.m.**

Walk softly through the night woods in search of owls! Can you walk as silently as they fly?

**All ages welcome! \$6.00**

**Pre-Registration Required by Friday, May 23, before NOON!**

**Location: Meet at Camp Long lodge**

### Critter Campfire

**Sat, May 24 7:30p.m.–9p.m.**

Hoo knows what you'll hear!?

Stories and legends are especially good around a campfire!

**All ages welcome! \$5 per person per program**

**Please dress warmly - outdoor clothing and shoes!**

**Location: Meet at the big fire ring just west of Schurman Rock**

### Fox Trot and Salamander Slither

**Sun, May 25 7p.m.–8:30p.m.**

Let your ears and nose guide you through the dusk, as foxes do... We will search the night's nooks and crannies for wildlife! Wear outdoor, weather appropriate clothing and shoes, please!

**All ages welcome! \$5 per person**

**Pre-register by Fri. 23 at NOON.**

**Location: Meet at Camp Long lodge**





# Longfellow Creek Happenings

## Longfellow Creek Watershed Council

**Meeting of community members interested in the protection and improvement of Longfellow Creek and its surrounding neighborhoods.**

Please call Sheryl @ 233-2046 for more information or e-mail at sheryl.shapiro@seattle.gov. On line information is available at LongfellowCreek.org

**1st Tuesday of April, June**

**Instructor: Sheryl Shapiro**

**dates and times as noted 6:45p.m.-8:30p.m.**

**Location: Delridge area**

## Longfellow Creek Tours

**by special arrangement**

Spend a few hours walking along various parts of Longfellow Creek to see the wonderful progress in restoration and the new segments of the Legacy Trail. All ages welcome! FREE

**Scheduled by request for groups. Call Sheryl at 233-2046 for more information.**

**Instructor: Sheryl Shapiro**

**Location: Various sites**

## Longfellow Creek Legacy Trail

**Sat, March 15 10a.m.-2p.m.**

Help plant native plants at this open space site adjacent to a new segment of the Longfellow Creek Legacy Trail. Everyone is welcome! *Children 14 years or younger must be accompanied by an adult.*

**3rd Saturdays for additional work parties**

**Please call Kate Stannard at 923-0917 for more information**

**Instructor: Community members**

**Location: Meet at SW Thistle Street east of Chief Sealth HS**

## Longfellow Creek Education Committee

Join us as we create ideas for signs and artwork along the Longfellow Creek Legacy Trail. Artists, writers, lovers of the creek and its environment especially needed (including kids)!

**Please call Sheryl Shapiro at 233-2046 for future meeting dates.**

## Longfellow Creek Stewardship Committee

Join this working group in helping to restore various sites along Longfellow Creek through plantings, trail building, invasive removal and other opportunities.

Community Service credit available.

**Please call Sheryl at 233-2046 for more information.**

**Instructor: Sheryl Shapiro**

**Monthly 6:30p.m.-8:30PM Tue, April 8**

**Location: Delridge area**

## Roxhill Bog

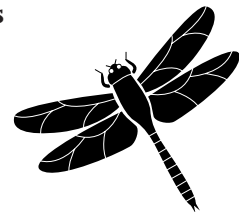
Help with the on-going restoration of the bog and see the wonderful growth of the plants and the diversity of wildlife in the ponds!

**Contact Mary at 938-1318 for more information.**

**Instructor: Community members**

**10a.m.-2p.m. Sat, April 12**

**Location: Roxhill Park, 29th Ave. SW off SW Barton St.**



## Earth Day Stewardship

**Sat, April 19 10a.m.-2p.m.**

Celebrate Earth Day as we continue work on the Longfellow Creek Legacy trail, future Sensory Garden and P-Patch area. Families welcome!



community service credit available.

Wear comfortable outdoor clothing and shoes for protection and warmth.

Bring a lunch, water, and a friend! Everybody is

welcome! *Children under 14 must be accompanied by an adult.*

**Call Kate at 923-0917 for more information.**

**Instructor: Sheryl Shapiro**

**Location: Open Space at SW Thistle Street east of Chief Sealth HS**

## Memorial Day Weekend

*Come to Camp Long for holiday fun!  
Check out these special programs:*

**Fri May 23**

**Owl Prowl 8-9:30pm** See page 8

**Sat May 24**

**Bird Walk & Watch**

9-10:30am, pg 5

**Peering into Polliwog Pond**

1-3:30pm, pg 5

**Critter Campfire**

7:30-9pm, pg 8

**Sun May 25**

**Native Plant Lore**

10:30-noon, pg 6

**Fox Trot & Salamander Slither**

7-8:30pm, pg 8



## Celebrate Earth Day!!

**Tues April 22 9am-12pm**

**Volunteers needed for Earth Day Projects.**

**Volunteers needed! earthday projects!**

Tuesday, April 22, 2003 9 am - 12 pm

- Clean-Up Trails
- Plant Natives
- Remove Invasives (Holly, Laurel, Ivy)
- Mulch Planting Beds

**Call (206) 684-7415 for information.**

## Camp Long Birthday Parties!

**Celebrate your child's birthday in the great outdoors with a Camp Long Nature Party!**



*Cakes from  
Borracchini's bakery!  
Homemade ice-cream  
from Husky Deli!  
Fee: \$150 for up to  
15 kids. Includes  
nature program, cake,  
ice-cream and  
decorations.*

*Choose from these great themes!*

## Nature Scavenger Hunt

Search the forest and fields for natural treasures, deciphering clues along the way. Collect your treasures and make a collage to take home.

## Rock-Glacier Rappelling

Get a birthday thrill by rappelling down Camp Long's rock-glacier. Discover how to tie knots and "learn the ropes" so you can safely descend the giant rock slabs!

**Fee: \$150 for up to 8 kids\***

Includes use of all climbing equipment, instruction, cake, ice-cream and balloons.

\*each child must be over 8 years old and have a signed waiver from their parent.

## Hunters on the Wing

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? Dissect owl pellets and reconstruct food chains. Hike through the forest searching for roosts and learning owl calls. (Add \$25 for cost of owl pellets)

## Pond Party

Each kid gets a net, water container and field microscope to use at Polliwog Pond. Catching grogs, salamanders, waterboatman and ferocious dragonfly nymphs is fun for kids of all ages! Pond critters will be gently returned to pond.

## Night Parties

*Design your own Nature Night Party!*  
*The nightlife is wild at Camp Long!*

### **Experience Nature at Night . . . Rent a cabin and hire a Naturalist**

Round up your family and friends and rent a *cozy* Camp Long cabin! Enjoy a crackling campfire at your cabin. Then venture out into the night with our Naturalists. Look for flying squirrels, keep your eyes peeled for wily red foxes, hunt for salamanders and listen for owls.

- Night hikes through the forests
- Campfire stories and sing-a-longs
- Owl prowls and \*pellet dissections

**Naturalist programs** are 1 ½ hours long and cost \$60 for 15 people. \* Owl prowls with pellet dissections cost \$25 more to cover the cost of the owl pellets. Program confirmation is based on Naturalist availability. **Call (206) 684-7479 to make special arrangements.**

**Rustic cabins** can sleep up to 12 people. Cabins have lights, running water, picnic table, stone fire stove and private campfire ring. Rental includes nearby hot showers and kitchen use. Cabins are \$35 per night. **Call (206) 684-7434 to make cabin reservations.**



## Camp Long Facility Rental & Reservation Information

**Camp Long Main Lodge:** A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, tall ceiling and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.

**Fees:** \$45/hr + \$10 booking fee for private events. Add \$15/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

**Payment of fees and deposit required at time of reservation to hold the reservation.**

\*Ask about lower rates for community sponsored events.

**Cabin and Shelter Rentals:** Camp Long features 10 rustic outdoor cabins that sleep up to 12 people. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

**Cabin Fees:** \$35/night per cabin. \$50 refundable

damage deposit required.

**Shelter Fees:** East shelter with 7 tables \$90/day. West shelter with 5 tables \$70/day.

**Rules:** Please check with staff on specific rules for cabin/shelter use. Groups are responsible for

cleaning up all areas used. No pets or electric heaters allowed.

**Payment of fees and deposit required at time of reservation to hold the reservation.**

Weddings and Special Events: Check out Camp



Long for indoor or combined indoor/outdoor parties, receptions and events. Fees start at \$400 for up to 7 hours of use. Call the Environmental Learning Center at 684-7434 to receive a special brochure and/or information.

## Programs for School, After-school & "Scout" Groups

### Elementary Programs

Grades K-6 Program Length: 1.5 hours

Times\*: 10:00-11:30 and 12:30-2:00pm

Each program meets EALRs for grade level

Raingear available free of charge \* negotiable

Programs are adapted for each grade

Fee: \$60/15 students (Raptors, Glacier & Watershed Are More) Some scholarship funds may be available for low income people.

**P = Limited programs also available at these parks:** Fauntleroy, Lincoln, and Schmitz

#### Raptors-Hunters on the Wing year-round

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? **Dissect owl pellets**, constructing food chains. Hike through the forest searching for roosts and learning owl calls. **\$75**

#### Discovering Wild Plants P year-round

Which animals find stinging nettle delicious? What tree can cure scurvy? How did local tribes use cedar? Learn secrets of plants in a program that grows on you! Program emphasis varies according to EALRs by grade and teacher request.

plant growth, ethnobotany, trees, plant **identification, edible/poisonous plants** **fall leaf color**-October only

#### Incredible Insects P May-October

Bizarre, wonderful, and incredibly fascinating insects live right outside your school-door!

Learn the weird life stories of beetles, dragonflies, bees, true bugs and all their 6-legged relatives. Students **use butterfly and sweep nets, hand lenses and field microscopes** to catch and identify insects. Bugs will be released, except for a select few that may be taken back to the classroom for further study.

#### Forest Explorers P year-round

From slimy slugs to clever foxes, all life in the forest is inter-dependent. Students explore the forest, learning woodland ecology through **hands-on experiments and discovery**.

Emphasis may be adapted to meet teacher's needs.

#### Exploring a Watershed year-round

An exciting all day field trip! Hike the woods to Longfellow Creek exploring life in the forest, pond & salmon stream..

10:00am-1:30pm \$120/15 students

#### Peering into Polliwog Pond April-October

Delve into the depths of aquatic entomology and discover monstrous dragonfly nymphs, fairy-like mayflies, voracious water bugs and the salamander larvae that eat them. Students will **use nets and field microscopes** to catch and identify pond life, gaining an understanding of developmental metamorphosis of animals and the importance of wetlands.

#### Birdwatching P year-round

Meet our *Corvus*, our live crow- a wild bird up close! Learn about avian characteristics and adaptations for flight. Hike through forest and meadow looking and listening for birds and searching for their nests. Students will learn proper **use of binoculars**, study stuffed bird specimens and learn local bird songs.

#### Beach Life (low tide days April-August)

**Explore the intertidal zone** at Mee Kwa Mooks beach (about 1 mile west of Camp Long). Students learn the challenges of life in the tide zone and adaptations animals use to survive. Get to know crabs, seastars, nudibranchs and how they live.

#### Rock Glacier Rappelling year-round

Fee \$150/15 children

Come join us at Camp Long's rock glacier for some fun in learning basic rappelling skills. This program is taught on Camp Long's rock slabs (artificial glacier). Students will work closely with two climbing instructors to develop introductory technical skills of rappelling, climbing safety, safety equipment use, and knot tying. This will be a boost to self-confidence, responsibility, and trust. The program is two hours long and can accommodate a maximum of 15 students. If it's raining alternate programming provided.







### **Search for Spiders** September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn spider science, how webs are constructed; and meet some arachnid relatives. In addition to **wild native spiders** & **pseudoscorpions**, students will get to meet our **live tarantula**.

### **Salmon Homecoming** November

Greet **returning Chum Salmon** in Longfellow Creek! Students learn about salmon life-cycle in our Wonder Lab and spend time streamside watching spawning salmon.

### **Northwest Mammals** November-February

Get to know the native and more common mammals of our state. Class inside the Wonder Lab includes **examination of study skins, mounts and skulls**. Discussions center on adaptations and natural history of each species, followed by a hike through the forest in search of mammal sign and tracks.

### **Where They Go in Winter** November-February

Discover adaptations for winter in plants and animals through **study in the Wonder Lab** next to a cozy fire. Where do the frogs and insects go? How do birds survive the cold? What animals hibernate and which ones migrate? Then bundle up for an investigation of Camp Long's woods in winter

### **Wildlife Tracking** November-March

Who goes there? Animal footprints in the mud or snow tell a detailed story of animal lives. Learn to decipher the stories animals write in their own hand (and feet) by becoming a track detective. Class in the Wonder Lab includes **making plaster prints** and solving "what happened here?" stories, followed by a hike in search of tracks and sign.

### **Maple Sugaring** January and February

Students learn the history, importance and techniques of maple tapping and how to boil down sap into syrup in the Wonder Lab beside a cozy fire. Then it's off into the sugarbush to learn to identify and **tap big-leaf maples**, with a final stop at the sugarshack to see the boil-down process.

## **Pre-School Programs**

### **Day Care Groups & Pre-Schools**

1 hour programs  
Fee \$45/10 children

#### **Animal Homes** year round

Search for nests, holes and homes in forest and field. Discover what animals live at Camp Long and maybe even find a few at home in the woods. Kids get to use giant magnifiers.



#### **Creep with the Crawlies** May-October

Spy out spiders, chase butterflies and hold beetles. Learn about the lives and habits of all kinds of "bugs" and discover they're not so creepy after all. Kids get to use nets.

#### **Poking in the Pond** April-October

Dip for salamanders, frogs and exciting water bugs! Learn what animals just live in the pond when they are kids, and who spends their whole life underwater. Wear boots.

#### **Search for Spiders** September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn how spiders differ from bugs and examine pretty webs. Then pet our **live tarantula**!

## Calendar

### March

Sat, March 8	Spring Has Sprung! .....	pg 4
Thu, March 13	Spring Tot Walk #1 .....	7
Sat, March 15	Longfellow Creek Legacy Trail .....	9
Sat, March 15	Searching for Salamanders .....	4
Mon, March 17	Longfellow Creek Education Committee .....	9
Tue, March 18	Full Moon Walk in March .....	8
Thu, March 20	Fauntleroy Park Stroll .....	3
Fri, March 21	Vernal Equinox Camp Fire .....	8
Sat, March 22	Hunting for Hummingbirds .....	4
Sun, March 23	Owl Prowl in March .....	8
Thu, March 27	Spring Tot Walk #2 .....	7
Sat, March 29	Critter Tracking .....	6

### April

Tue, April 1	Longfellow Creek Watershed Council .....	9
Thu, April 3	Duwamish Park Stroll .....	3
Thu, April 3	Spring Tot Walks #3 .....	7
Sat, April 5	Gardening with Natives .....	4
Tue, April 8	Longfellow Creek Stewardship Committee .....	9
Sat, April 12	Draw Near to Nature .....	7
Sat, April 12	Pretty Pop-Ups! .....	7
Sat, April 12	Roxhill Bog .....	9
Wed, April 16	Full Moon Walk in April .....	8
Thu, April 17	Spring Tot Walk #4 .....	7
Sat, April 19	Basket Making and Egg Dyeing ...	7
Sat, April 19	Earth Day Stewardship .....	9
Sat, April 19	Skagit Wildlife Float Trip & Tulip Festival! .....	5
Sun, April 20	Low Tide Beach Safari Class .....	6
Thu, April 24	Schmitz Park Stroll .....	3
Sat, April 26	Camp Berachah Forest Ride 1 .....	6
Sat, April 26	Early Bird Walk .....	4
Sun, April 27	Sunday Woodland Waterfall Ride .	6

### May

Thu, May 1	Camp Long Stroll .....	3
Sat, May 3	Camp Berachah Forest Ride 2 .....	6
Sat, May 3	Critter Pop-Ups .....	7
Thu, May 8	Spring Tot Walk #5 .....	7
Fri, May 9	Spring in the Desert - Birds, Blooms, Bugs and Bats .....	5

### more May

Thu, May 15	Constellation Beach Stroll .....	3
Thu, May 15	Sawdust Fired Pottery pt. 1 .....	7
Sat, May 17	Low Tide Beach Safari #1 .....	4
Wed, May 21	Wed. Woodland Waterfall Ride ...	6
Thu, May 22	Spring Tot Walk #6 .....	7
Fri, May 23	Owl Prowl in May .....	8
Sat, May 24	Bird Walk & Watch .....	5
Sat, May 24	Critter Campfire .....	8
Sat, May 24	Peering in the Pollywog Pond .....	5
Sun, May 25	Fox Trot & Salamander Slither ...	8
Sun, May 25	Native Plant Lore .....	6
Thu, May 29	Fauntleroy Park Stroll .....	3
Sat, May 31	Low Tide Beach Safari #2 .....	5
Sat, May 31	Sawdust Fired Pottery pt. 2 .....	7

## Sneak Peek at Camp Longs Summer Plans

### Family Wagon Train Adventure

#### July 26 & 27

Journey back in time to the days of yesteryear! Covered wagons will carry you along the river through the Snoqualmie Valley from Fall City to Duvall exploring nature all the way! Some saddle horses can be available for riding. Savor Dutch Oven cooking, cowboy stories and music round the campfire and sleep under the stars or in tents & tipis. There are LOTS of EXTRAS in this truly Old West Experience. Don't miss it!

### Sol Duc Hot Springs & Waterfall Trip

#### June 7 - 8

Car camp in the beautiful Olympic National Park within an easy half-day hike to Sol Duc Falls. Soak in the hot springs, relax, rejuvenate and enjoy nature.

### Coastal Backpack Trip to Ozette

#### July 11-13

Hike an easy 3 miles/day on a flat boardwalk through rich, marshy coastal forest and wilderness beach in Olympic National Park. Enjoy this Seaside Safari for some super low summer tides -3.2 & -3.4! See petroglyphs and ancient Makah Village at Ozette.

# Policies and Procedures

## Payment

We accept Visa, MasterCard and American Express. No cash please. Make checks and money orders out to each facility's advisory council. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. You may pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card.

## Fees and Charges

Each Community Center's Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 years and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

## Scholarships

Scholarships are sometimes available for community center classes and programs. Contact the community center for further information.

## Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Any person who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.
- Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before it starts will receive no refund.

Please read the entire policy, available upon request, for specific information.

## WAIT LISTS

We will create waiting lists for all filled classes. Be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact the facility for space availability.

## CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, it will be cancelled. We will notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, it will be cancelled.

## ADA COMPLIANCE

We will make reasonable accommodation, upon request, for persons with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 233-7061 or TDD 206-386-1921. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

## MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters and scheduling, please call our Public Information line, 206-684-4075 or email [parksinfo@ci.seattle.wa.us](mailto:parksinfo@ci.seattle.wa.us). For more information about programs for senior adults, please call 206-684-4951, and about programs for special populations, please call 206-684-4950.



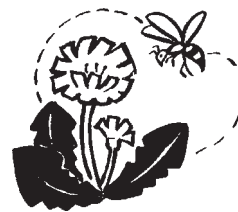
## Mail-in Registration Form for Camp Long Programs

**Mail** your registration and check to **Camp Long, 5200 35<sup>th</sup> Ave. SW, Seattle, WA 98126.**

Please make checks payable to Camp Long Advisory Council.

**Email** your registration request and credit card information to [camplong@seattle.gov](mailto:camplong@seattle.gov)

Call (206) 684-7434 for more information.



**Please add me to your mailing list.** ☐ **Yes**


Registrant Name/Address	Phone	Email address	Age	Program	Date	Fee

If a participant drops a program for which sh/he is registered prior to 2 weeks before the class date, \$1.00 or 10% (which ever is greater) will be retained. If a participant drops a program less than 2 weeks prior to the class date, no refund will be given. No refunds for partial participation in a class or program. Full refund for a class cancelled by Camp Long. For full refund; cabin, lodge and wedding cancellation must be made 3 weeks in advance.

**Total Enclosed**

Method of Payment: ☐ Check

☐ Visa 

☐ Mastercard 

Full name on the card \_\_\_\_\_ Expiration date: \_\_\_\_\_

Card number: \_\_\_\_\_ **Office use:** Receipt # \_\_\_\_\_



Camp Long Environmental Learning Center  
5200 35th Ave. SW  
Seattle WA 98126

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